

East
Family
HUBs

SCAN
TO JOIN

easyPEASY



Help for
Your Family



East Family Hubs

Summer Timetable 28th July - 29th August

Other community
venues we deliver at:

St Nicholas Church Hall
Stonegate, Thorne, DN8 5NP

Thorne Library
Vermuyden Centre, Field Side
DN8 4BQ

Coulman Pavilion
Coulman Road, Thorne
DN8 5JT

We can't wait
to see you!



Discover the sessions, activities,
support and events taking place for families of
children aged 0-5 and beyond!

Join us at:

Stainforth Family Hub

Moorends Family Hub

Armthorpe Family Hub



Proudly supporting families in East Doncaster including:

Stainforth • Armthorpe • Thorne • Moorends • Hatfield • Hatfield Woodhouse
Kirk Sandall • Edenthorpe • Dunsville • Duncroft • Barnby Dun • Fishlake

www.yourlifedoncaster.co.uk/family-hubs

Week 1: 28th July – 1st August

East Family HUBs	
Stainforth	Monday Family F 10am-11:30am
Armthorpe	First Friday 9:30am-11:30am Family F 1:30-3pm
Moorends	Breast S 1:30pm-3pm
Other venues	



**Scan to find out
more about the
Holidays
Activities and
Food programme
in your area.**



Summer Timetable

Week 2: 4th August – 8th August

**East
Family
HUBs**

	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Stainforth	Family Fun 10am-11:30am	Tuneful Chatter 1:30pm-2:30pm		First Friends 9:30am-11am Infant Massage 1pm-2pm (Invite via Health Team)	 Scan the QR code to become a member today!
Armthorpe	First Friends 9:30am-11am Family Fun 1:30pm-3pm			Breast Start 1:30pm-3pm	Infant Massage 1pm-2:30pm (Invite via Health Team)
Moorends	Breast Start 1:30pm-3pm	Family Fun 10am-11:30am	First Friends 9:30am-11am	LIGHT Peer Support 1pm-2pm	Infant Massage 1pm-2pm (Invite via Health Team)
Other venues				First Friends 1pm-2:30pm St Nicholas Church Hall, Thorne	Summer Family Fun 10am-12pm Coulman Road Pavilion Booking is required

Sensory Rooms

Now available to book at the following Hubs, call to find out about our availability:

Stainforth Family Hub
01302 734048



Moorends Family Hub
01302 737470



Summer Timetable

Week 3: 11th August – 15th August

**East
Family
HUBs**




	Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th
Stainforth	Family Fun 10am–11:30am	Sexual Health Clinic 9am–11:30am Select Tuesdays Call 01302 272165 to book an appointment.	Take part in our SUMMER CHALLENGE and claim your FREE gift!! We have hidden some QR codes around the community – can you find one?	First Friends 9:30am–11am	
Armthorpe	First Friends 9:30am–11am Family Fun 1:30–3pm			Infant Massage 1pm–2pm (Invite via Health Team)	
Moorends	Breast Start 1:30pm–3pm	Family Fun 10am–11:30am	First Friends 9:30am–11am	Breast Start 1:30pm–3pm	Infant Massage 1pm–2:30pm (Invite via Health Team)
Other venues	Scan to find out more about the Holidays Activities and Food programme in your area. 		Wriggle, Rhyme & Story Time 10am–11am Thorne Library	First Friends 1pm–2:30pm St Nicholas Church Hall, Thorne	Summer Family Fun 10am–12pm Coulman Road Pavilion Booking is required

All of our sessions are **dad/male carer** friendly

Summer Timetable

Week 4: 18th August – 22nd August

**East
Family
HUBs**


	Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
Stainforth	Family Fun 10am–11:30am	Tuneful Chatter 1:30pm–2:30pm	All of our sessions are dad/male carer friendly	First Friends 9:30am–11am Infant Massage 1pm–2pm (Invite via Health Team)	
Armthorpe	First Friends 9:30am–11am Family Fun 1:30–3pm			Breast Start 1:30pm–3pm	Let's Get Ready for School 10am–11:30am Booking is required Infant Massage 1pm–2:30pm (Invite via Health Team)
Moorends	Breast Start 1:30pm–3pm	Family Fun 10am–11:30am	First Friends 9:30am–11am	LIGHT Peer Support 1pm–2pm	Infant Massage 1pm–2pm (Invite via Health Team)
Other venues	 <p>Scan the QR code to become a member today!</p>		Wriggle, Rhyme & Story Time 10am–11am Thorne Library	First Friends 1pm–2:30pm St Nicholas Church Hall, Thorne	Summer Family Fun 10am–12pm Coulman Road Pavilion Booking is required



Summer Timetable

Week 5: 25th August – 29th August

**East
Family
HUBs**

	Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th
Stainforth	BANK HOLIDAY	Sexual Health Clinic 9am–11:30am Select Tuesdays Call 01302 272165 to book an appointment. Tuneful Chatter 1:30pm–2:30pm	 Scan the QR code to become a member today!	First Friends 9:30am–11am Infant Massage 1pm–2pm (Invite via Health Team)	
Armthorpe	BANK HOLIDAY			Breast Start 1:30pm–3pm	Infant Massage 1pm–2:30pm (Invite via Health Team)
Moorends	BANK HOLIDAY	Family Fun 10am–11:30am 	First Friends 9:30am–11am	LIGHT Peer Support 1pm–2pm	Infant Massage 1pm–2pm (Invite via Health Team)
Other venues	BANK HOLIDAY		Wriggle, Rhyme & Story Time 10:00–11:00 Thorne Library	First Friends 1pm–2:30pm St Nicholas Church Hall, Thorne	Summer Family Fun 10am–12pm Coulman Road Pavilion Booking is required

Sensory Rooms

Now available to book at the following Hubs, call to find out about our availability:

Stainforth Family Hub
01302 734048

Moorends Family Hub
01302 737470

All of our sessions are **dad/male carer** friendly

Sessions & Activities

East
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★ First Friends (Pre-Birth to Pre-Crawling)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available. **You can attend this group if you are currently pregnant.**



★ Infant Massage (Invite only)

You will be invited to book onto these sessions by your Health Visitor – You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. **Call the Health team for more information on 0300 021 8997.**



★ Tuneful Chatter (All ages welcome)

Take part in playful arts activities with Tuneful Chatter! Here, your children will have fun with experienced artists exploring music, dance, and drama activities. This activity is part of Tuneful Chatter, funded by Arts Council England Place Partnerships and Doncaster Council, and led by darts, Cast and City of Doncaster Council's Early Years Intervention and Prevention Service.



★ Wriggle, Rhyme & Storytime (0-5)

Come along and enjoy our fun and interactive session where children can explore music and rhymes with their parent/carer using our props and sensory resources. Join in with a range of activities that can be easily completed in the family home and enjoy sharing story time led by our Early Years Development Workers.

Now in a
community
Library near you!

★ Family Fun (All ages welcome)

Fun, interactive sessions for the whole family to enjoy with a different theme each week. Such as: Construction, Arts, Dig find, Water, and Summer fun!!

Booking is not required

★ Summer Family Fun

Fun, interactive sessions for the whole family to enjoy with a different theme each week. Activities will be aimed at children aged 0-11 years, older siblings are welcome.

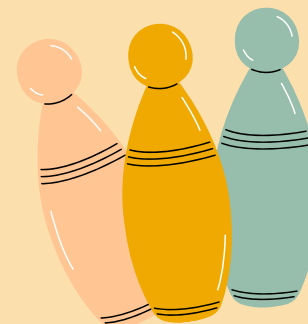
All children must be accompanied by an adult

Booking is required – Please call the Family Hub

★ MOVING MUSEUM by Heritage Doncaster

The Moving Museum brings Doncaster's heritage and stories to life. Children and their families can get hands-on with history and explore Doncaster's past and have a go with the badge maker.

Booking is not required



Sessions & Activities

★ Let's Get Ready for School (2-5)

Join us for an informative session to help prepare your child for school. Advice and guidance is available around topics such as:

- Sharing and turn taking
- Help with routines
- Getting dressed and undressed
- Eating using a knife and fork
- Toileting

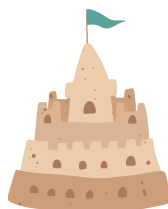
Booking is required - Please call the Family Hub

★ LIGHT Support Group

Light is a pre and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families. **For more information please call 01144 388962.**

★ Other Services and Support

You can also access information and support around **volunteering, counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more. **For more information about each of these, visit www.doncaster.gov.uk/familyhubs.**



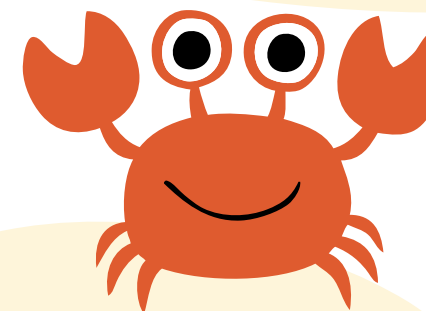
Sexual Health Clinic

Select Tuesdays at Stainforth Family Hub 9am- 11:30am.

For more information or to book an appointment please call: **01302 272165**



Don't forget to follow us on Facebook for all the latest updates! Just search for your local family hub!



Our venues:

Stainforth Family Hub

Junction Road, Stainforth,
DN7 5DH
01302 734048

Armthorpe Family Hub

Mere Lane, Armthorpe,
DN3 2DG
01302 736760

Moorends Family Hub

Marshland Road, Moorends,
DN8 4SB
01302 737470

Become a member at your local Family Hub!

For more information, visit:

WWW.YOURLIFEDONCASTER.CO.UK/FAMILY-HUBS

